

# B.S. Integrative Health & Lifestyle Medicine

**Duration:** 16 Month Accelerated Program (**Credits:** 60 /4 semesters)

**Starting dates:** January, May, September

**Program Tuition:** \$25,000 : \$416.67 per credit hour



**John Patrick University**  
of Health and Applied Sciences

## From the U.S. Bureau of Labor Statistics:

“Health Education Specialists teach people about behaviors that promote wellness. They develop strategies to improve the well-being of individuals and communities. Community health workers advocate for residents’ needs with healthcare providers and social service organizations. They implement wellness strategies by collecting data and discussing health concerns with members of specific populations. Although the two occupations often work together, the responsibilities of health education specialists and community health workers are distinct”. 01/21/2022

### Quick Facts:

#### Health Education Specialists and Community Health Workers

(from the U.S .BLS 01/21/2022)

<a href="#">2020 Median Pay</a>	\$48,140 per year \$23.15 per hour
<a href="#">Typical Entry-Level Education</a>	<a href="#">See How to Become One</a>
<a href="#">Work Experience in a Related Occupation</a>	None
<a href="#">On-the-job Training</a>	<a href="#">See How to Become One</a>
<a href="#">Number of Jobs, 2020</a>	125,200
<a href="#">Job Outlook, 2020-30</a>	17% (Much faster than average)
<a href="#">Employment Change, 2020-30</a>	21,100

## Skills You Will Learn:

Integrative Health & Lifestyle Medicine students can learn a variety of skills to equip them for a successful medical career, including:

- Interpersonal skills to communicate with patients, medical, and administrative individuals
- effective management and communication skills, both verbal and written
- apply lifestyle and nutritional assessment techniques into multiple health practices.
- apply nutritional psychology theory to the healing process.

## Why John Patrick University

- ✓ Accelerated programs
- ✓ Professionals teaching professionals
- ✓ Cater to the working professional and working student
- ✓ Flexible scheduling

JPU Is a Proud Supporter of Military members and their families. Military Discounts are available.



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